



California  
Yoga  
Center

**Friday**  
**October 8**  
6:00 - 8:00 pm

**Saturday**  
**October 9**  
9:00 am-Noon  
2:30-4:30 pm

**Sunday**  
**October 10**  
9:30 am-12:30 pm

1776 Miramonte Avenue  
Mountain View, CA 94040

541 Cowper Street  
Palo Alto, CA 94301

650-947-9642  
www.californiayoga.com

# IYENGAR YOGA

## with DEAN LERNER

### OCTOBER 8 -10

**Dean Lerner at California Yoga Center  
in Mountain View for an exciting weekend of yoga.**

Dean's classes will inspire your practice and broaden your understanding of the depth of yoga. Participants should have at least one year of yoga experience.

Dean is a gifted teacher well rooted in both technique and philosophical application. An avid practitioner who has traveled to India many times to study with the Iyengars, Dean also co-directs the Center for Well-Being in Lemont, Pennsylvania. He leads intensive and teacher training workshops across the country, his teaching style is clear and concise while being comfortable and relaxed.

**Full workshop fee**

Pay by September 24 \$210    After September 24 \$230

**Individual Sessions**

Friday evening \$60    Saturday morning only \$90    All day Saturday \$140  
Sunday class is open only to full workshop participants or by permission of the Instructor.

Please register me for **Dean Lerner**.

**Full workshop:**

Pay before September 24 - \$210    After September 24 - \$230

**Individual Sessions:**

Friday evening \$60 \_\_\_\_    Saturday morning \$90 \_\_\_\_    All day Saturday \$140 \_\_\_\_

Mail this form with check payable to CYC to California Yoga Center  
1776 Miramonte Avenue, Mountain View, CA 94040.

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/ZIP \_\_\_\_\_

Telephone / e-mail \_\_\_\_\_